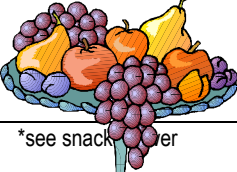


Dayspring Assisted Living
Fall / Winter Menu



February 12 - 18, 2012 Week 2

	Breakfast		Lunch	3pm snack	Dinner	snack
Sunday	Waffle Sausage Link Banana Juice Coffee		Glazed Ham Sweet Potatoes Green Beans Fresh Baked Roll Banana Cream Pie	Beverages & Snacks Available	Grld Chik Caesar Sand. Fries Mandarin Oranges Chef Choice Cookie Coffee	*see snack drawer
Monday	Cream of Wheat Denver Ham Bake Whole Wheat Toast Juice Coffee		Macaroni & Cheese w/ Smoked Sausage Capri Vegetable Blend Tossed Salad Frosted Gelatin w/Fruit	Beverages & Snacks Available	Stuffed Cabbage Roll Mashed Potatoes Vegetable DuJour Spiced Peaches Coffee	*see snack drawer
Tuesday	French Toast Bacon Banana Juice Coffee		Tomato Soup Patty Melt Sandwich Fruit Dessert Cart Saltines	Beverages & Snacks Available	Prime Rib Mashed Pot. w/Gravy Vegetable DuJour Whole Wheat Bread Valentines Day Dessert	*see snack drawer 
Wednesday	Banana Bran Muffin Scrambled Eggs Whole Wheat Toast Cranberry Juice Orange Wedges		Dutch Chicken Parsley Noodles Whole Baby Carrots Fresh Baked Roll Chef Choice Cookie	Beverages & Snacks Available	Sloppy Joe Corn Tater Tots Spiced Applesauce Coffee	*see snack drawer
Thursday	Choice of Cold Cereal Egg w/Cheese Croissant Banana Juice Coffee		Lasagna Veg DuJour Garlic Bread Tossed Salad Tropical Fruit	Beverages & Snacks Available	Chik Pot Pie Mixed Vegetables Whole Wheat Bread Vanilla Pudding Vanilla Wafers	*see snack drawer
Friday	Scrambled Eggs Hearty Hashbrowns Whole Wheat Toast Juice Coffee		Salisbury Steak Mashed Potatoes Brown Gravy Veg DuJour Chef Choice Cake	Beverages & Snacks Available	Grld Corn Beef & Swiss Potato Chips Creamy Cole Slaw Gingersnap cookie Coffee	*see snack drawer 
Saturday	Pancakes Sausage Links Orange Juice Coffee		Beef Stew Peas & Carrots Fresh Baked Roll Angel Cake w/Strawberries	Beverages & Snacks Available	Split Pea Soup Ham Sandwich Relish Plate Hot Spiced Apples Coffee	*see snack drawer 