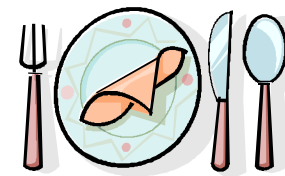







Dayspring Assisted Living

Fall / Winter Menu



February 5 -11, 2012, Week 1

	Breakfast		Lunch	3pm snack	Dinner	snack
Sunday	Scrambled Eggs Choice of Cold Cereal Cinnamon Raisin Toast Orange Juice		Beef Roast Mashed Pot w/Gravy GreenBeans Fresh Baked Roll Chef Choice Pie	Beverages & Snacks Available	Macaroni & Cheese w/ Sausage Stewed Tomatoes Tropical Fruit Salad Coffee	*see snack drawer
Monday	French Toast Bacon Banana Orange Juice Coffee		Breaded Fish Basket Potato Wedges Creamy Cole Slaw Tartar Sauce Ice Cream Sandwich	Beverages & Snacks Available	French Dip Sandwich Vegetable DuJour Potato Chips Spiced Peaches Coffee	
Tuesday	Biscuit Sausage Gravy Orange Wedges Orange Juice Coffee		Country Chicken Breast Baked Potato Gravy Broccoli Dessert Cart	Beverages & Snacks Available	Goulash Mixed Vegetables Fresh Baked Roll Pineapple Chunks Coffee	*see snack drawer
Wednesday	Wheat Toast w/PB Cream of Wheat Orange Wedges Apple Juice		Meatloaf Scalloped Potatoes Veg DuJour Chef Choice Pudding Coffee	Beverages & Snacks Available	Chunky Vegetable Soup Chicken Salad Sandwich Saltines Fruit Medley Coffee	*see snack drawer
Thursday	Choice Of Cold Cereal Cheese Omelet Whole Wheat Toast Orange Juice Coffee		Sauerkraut w/Brats Steamed Potatoes Fresh Baked Roll Sunshine Carrots Lemon Chiffon Pie	Beverages & Snacks Available	Supreme Pizza Tossed Salad Potato Chips Red Grapes Coffee	*see snack drawer
Friday	 Scrambled Eggs Whole Wheat Toast Cinnamon Roll Orange Juice Coffee		Beef Chop Suey Fried Rice Capri Veg Blend Egg Roll Fortune/Sugar Cookie	Beverages & Snacks Available	Chili w/Beans Cornbread Assorted Crackers Fruited Gelatin Coffee	*see snack drawer
Saturday	Pancakes Turkey Links Juice Coffee		Chicken & Dumplings Mixed Vegetables Tossed Salad Orange Wedges Chocolate Chip Cookies	Beverages & Snacks Available	Minestrone Soup Cold Cut Sandwich Relish Plate Blushing Pear Half Fruit & Yogurt Parfait	*see snack drawer