

Sunday Feb-17	Monday Feb-18	Tuesday Feb-19	Wednesday Feb-20	Thursday Feb-21	Friday Feb-22	Saturday Feb-23
Breakfast						
Baked Oatmeal w/Walnuts Peanut Butter on Toast Seasonal Fruit Choice	French Toast Sausage Links Seasonal Fruit Choice	Cook to Order Eggs Cinnamon Pumpkin Bread Seasonal Fruit Choice	Pancakes Bacon Seasonal Fruit Choice	Omelet Bar Blueberry Muffin Seasonal Fruit Choice	Waffles Sausage Links Seasonal Fruit Choice	Quiche Bacon Whole Wheat Toast Seasonal Fruit Choice
Choice of Cold Cereal	Choice of Cold Cereal	Cream of Wheat	Choice of Cold Cereal	Choice of Cold Cereal	Choice of Cold Cereal	Oatmeal
Lunch						
Roast Pork Mashed Potatoes w/Gravy Prince Charles Veggie Blend Whole Wheat Dinner Roll Cherry Pie	Spaghetti w/Meatballs Spaghetti Noodles Winter Blend Vegetable Garlic Toast Tossed Salad Mississippi Mud Pie	Sweet -n- Sour Chicken Brown Rice Sugar Snap Peas Wheat Bread Dessert Cart	Ham and Swiss on Rye Cream of Broccoli Soup Apple Spiced Muffin	Chili with Beans Cornmeal Muffin Tossed Salad Pistachio Pudding	Chicken with Fontina Angel Hair Pasta California Vegetable Blend Tossed Salad Dessert Cart	Grilled Braised Pork Shoulder Prince Charles Veggie Blend Mashed Potatoes w/Gravy Sour Cream Orange Cake
	Hummus Pita Sandwich Italian Sausage & Potato Soup	Reuben Casserole	Chef's Salad	Chicken and Dumplings Peas & Carrots	Lemon Baked Haddock Potato Wedges	Penne Bolognese
PM Snack						
Snack						
Dinner						
BBQ Pork on Bun Baked Beans Creamy Cole Slaw Fruit Cocktail	Submarine Sandwich Creamy Mushroom Soup Lettuce & Tomato Butterscotch Pudding	Salisbury Steak Mashed Potatoes w/Gravy Whole Baby Carrots Chilled Peaches	Cheeseburger Lettuce / Tomato / Onion Tater Tots Tossed Salad Frosted Jello w/Fruit	Chicken Tenders Green Beans Cheese Biscuit Creamy Cole Slaw Red Grapes	Grilled Cheese Sandwich Tomato Soup Mandarin Oranges Peanut Butter Cookie	Macaroni & Cheese w/Ham Stewed Tomatoes Whole Wheat Bread Pineapple Chunks
Baked Fish on Wheat Bun	Chicken Caesar Wrap	Roast Turkey	Pepperoni Pizza	Battered Tilapia	Chicken Caprese Focaccia Sandwich	Stacked Deli Sandwich Minestrone Soup



"Serving Older Adults With God's Love"