DAYSPRING ASSISTED LIVING RESIDENCE **Spring/Summer** **Regular/NAS/Consistent CHO** **Week 1**

Sunday Aug-29	Monday Aug-30	Tuesday Aug-31	Wednesday Sep-01	Thursday Sep-02	Friday Sep-03	Saturday Sep-04
Breakfast	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**
Cinnamon Roll Cheese Omelet Orange Juice 2% / Skim Milk Coffee/Tea	Scrambled Eggs Bacon Whole Wheat Toast Orange Juice 2% / Skim Milk Coffee/Tea	Choice of Cold Cereal Ham & Cheese Quiche Whole Wheat Toast Orange Juice 2% / Skim Milk Coffee/Tea	Amish Breakfast Casserole Orange Wedges Whole Wheat Toast Apple Juice 2% / Skim Milk Coffee/Tea	Hearty Hashbrowns Scrambled Eggs Cantaloupe Orange Juice 2% / Skim Milk Coffee/Tea	Cream of Wheat Peanut Butter on Toast Orange Juice 2% / Skim Milk Coffee/Tea	Pancakes Turkey Links Orange Juice 2% / Skim Milk Coffee/Tea
Lunch	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**
Roast Beef Mashed Potatoes Brown Gravy Peas & Carrots Fruit of the Forest Pie Coffee	BBQ Chicken Thighs Broccoli Potato Salad Cornbread Orange-Pineapple Gelatin Coffee	Swedish Meatballs Parsley Noodles Snap Peas and Mushrooms Tossed Salad Dessert Cart Coffee	Roast Turkey Mashed Potatoes with Gravy Vegetable DuJour Spinach Salad Butterscotch Pudding Coffee	Roasted Pork Tenderloin Whipped Sweet Potatoes Prince Charles Vegetable Blend Summer Fruit Sensation Coffee	Lemon Baked Fish Rice Pilaf Carrots Creamy Cole Slaw Frosted Spice Cake Coffee	Veal Parmesan Whl Wht Penne Pasta California Blend Vegetables Tossed Salad Pineapple Dream Coffee
Dinner	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**
Chicken Noodle Soup Tossed Salad Ham & Cheese Sandwich Honeydew 2% / Skim Milk Coffee/Tea	Reuben Casserole Fresh Baked Roll Cottage Cheese & Peaches 2% / Skim Milk Coffee/Tea	French Dip Sandwich Dill Pickle Potato Chips Blushing Pear Half Cake Mix Cookie 2% / Skim Milk Coffee/Tea	Hamburger Lettuce / Tomato / Onion French Fries Baked Beans Fruit Medley 2% / Skim Milk Coffee/Tea	Deep Dish BLT Pizza Tossed Salad Potato Chips Dessert Loaf 2% / Skim Milk Coffee/Tea	Cottage Cheese Plate Ham Slice Assorted Crackers Apricot Muffin Fruited Gelatin 2% / Skim Milk Coffee/Tea	Egg Salad on Croissant Assorted Crackers Cheese Cubes Spinach Vegetable Salad Watermelon 2% / Skim Milk Coffee/Tea
Eve. Snack	**Eve. Snack**	**Eve. Snack**	**Eve. Snack**	**Eve. Snack**	**Eve. Snack**	**Eve. Snack**
Assorted Snacks & Beverages Av Assorted Beverages	Assorted Snacks & Beverages Av Assorted Beverages	Assorted Snacks & Beverages Av Assorted Beverages	Assorted Snacks & Beverages Av Assorted Beverages	Assorted Snacks & Beverages Av Assorted Beverages	Assorted Snacks & Beverages Av Assorted Beverages	Assorted Snacks & Beverages Av Assorted Beverages