

Sunday Aug-19	Monday Aug-20	Tuesday Aug-21	Wednesday Aug-22	Thursday Aug-23	Friday Aug-24	Saturday Aug-25
Breakfast						
Granola Yogurt Cup Peanut Butter on Toast Seasonal Fruit Choice S/S	Cook to Order Eggs Cinnamon Raisin Toast Seasonal Fruit Choice S/S	Waffles Bacon Seasonal Fruit Choice S/S	Omelet Bar Fresh Baked Apple Danish Seasonal Fruit Choice S/S	Egg & Sausage Sandwich English Muffin Seasonal Fruit Choice S/S	Cook to Order Eggs Breakfast Ham Slice Wheat Toast Seasonal Fruit Choice S/S	Egg & Sausage Strata Whole Wheat Toast Seasonal Fruit Choice S/S
Cream of Wheat	Oatmeal	Choice of Cold Cereal	Choice of Cold Cereal	Peaches & Cream Oatmeal	Choice of Cold Cereal	Cream of Wheat
Lunch						
Mom's Pot Roast w/ Potatoes & Carrots Whole Grain Dinner Roll Tossed Salad Rhubarb Pie	Roast Pork Baked Swt Potatoes & Apples Prince Charles Veggie Blend Cottage Cheese on Lettuce Leaf Smore Dessert	Salisbury Steak Mash Potatoes w/gravy California Vegetable Blend Dessert Cart	Chicken Alfredo Buttered Noodles Mixed Vegetables 7-Layer Salad Jello w/Fruit	Lasagna Green Beans French Cut Garlic Toast Tossed Salad Butter Pecan Cookie	Fire Grilled Salmon Potato Wedges Creamy Cole Slaw Pickle Dessert Cart	Turkey & Dressing Bake Peas & Carrots Butterscotch Pudding
	Beef Pastie w/gravy	Chicken & Mandarin Orange Salad	Hot Turkey Sandwich Mash Potatoes w/gravy	Turkey Hoagie Potato Chips Pickle	Supreme Pizza	Goulash Whole Wheat Bread
PM Snack						
Snack						
Dinner						
Macaroni & Cheese Smoked Sausage Stewed Tomatoes Fruit Medley	Corn Chowder Ham Sandwich Lettuce/Tomato Mandarin Oranges	Chicken Caesar Wrap Parmesan Pea Salad Cran-Orange Muffin Pineapple Chunks	Hot Tuna Noodle Casserole Cheese Biscuit House Salad Chilled Peaches	Chicken Reuben Sandwich Wedge Fries Pickle Cottage Cheese Red Grapes	Tater Tot Casserole Green Beans Tomato Cucumber Salad Fruit Parfait	Salisbury Steak Mashed Potatoes w/Gravy Carrots Spiced Applesauce
Sloppy Joe on Wheat Bun	Chili with Beans Cornmeal Muffin	Cheese Ravioli w/Sauce Whole Wheat Bread	Turkey a la King	Ham Sandwich	Chicken Tenders Tater Tots	Chicken Kiev



"Serving Older Adults With God's Love"